University Counseling Services

Learning Outcomes

- Students who participate in counseling or outreach programming through University Counseling Services will develop skills for coping communication, self-care, and responsible decision-making.

- Students who engage with University Counseling Services will identify and make progress on their personal goals.

- Students who engage with University Counseling Services will learn to identify and navigate resources both within DePaul University and within the surrounding community in order to remove barriers to academic or personal success.

- Students who participate in counseling or outreach programming through UCS will enhance their self-awareness, self-worth, and emotional health.